Berean Christian Church

Dr. Kerwin B. Lee, Senior Pastor

May 25-26, 2024

Text

1Kings 19:1-4

Title

"The Leader Who Overcame Mental Health Challenges"

Breakdown of 1 Kings Chapter 19

1. The _____	of Elijah	Verses 1-4
2. The _____	for Elijah	Verses 5-18
3. The _____	with Elijah	Verses 19-21

1. _____ _____can help you overcome mental health challenges.

   Verse 5

   "*Then he lay down under the bush and fell asleep. All at once an angel touched him and said, "Get up and eat*." (NIV)

2. _____ _____can help you overcome mental health challenges.

   Verse 6

   "*He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again*." (NIV)

3. _____ _____can help you overcome mental health challenges.

   Verses 19, 21

   "So Elijah went from there and found Elisha son of Shaphat. He was plowing with twelve yoke of oxen, and he himself was driving the twelfth pair. Elijah went up to him and threw his cloak around him. 21) So Elisha left him and went back. He took his yoke of oxen and slaughtered them. He burned the plowing equipment to cook the meat and gave it to the people, and they ate. Then he set out to follow Elijah and became his servant." (NIV)

(OVER)

Notes: