

Berean Christian Church
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Bible Study

May 23, 2023

“The Woman Who Makes Life Better for Herself and Family”

Ruth 1:16-22

Romans 16:1, 2 read, "I commend you to our sister Phoebe, who is a deacon in the church in Cenchrea. Welcome her in the Lord as one who is worthy of honor among God's people. Help her in whatever she needs, for she has been helpful to many, especially to me." (NLT) This verse records words of recommendation and commendation spoken by Apostle Paul about a woman. Every Christian woman should constantly strive to improve their quality of living as well as family members. There are many teachings in the Bible to serve as a manual of how one can accomplish the aforementioned goal. This lesson is designed to explore the life of Naomi and Ruth to point out how women can make life better for themselves and family members.

Breakdown of Ruth Chapter 1

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| 1. The Commotion _____ for Naomi | Verses 1-5 |
| 2. The Devotion _____ of Naomi | Verses 6-18 |
| 3. The Motion _____ by Naomi | Verses 19-22 |

1. **Intuition** can help women make life better for themselves and family.

1:16-18

"But Ruth replied, "Don't ask me to leave you and turn back. Wherever you go, I will go; wherever you live, I will live. Your people will be my people, and your God will be my God. 17)Wherever you die, I will die, and there I will be buried. May the Lord punish me severely if I allow anything but death to separate us!" 18) When Naomi saw that Ruth was determined to go with her, she said nothing more."

(NLT)

2. **Initiative** can help women make life better for themselves and family.

2:2, 3

"One day Ruth the Moabite said to Naomi, "Let me go out into the harvest fields to pick up the stalks of grain left behind by anyone who is kind enough to let me do it. "Naomi replied, "All right, my daughter, go ahead." 3)So Ruth went out to gather grain behind the harvesters. And as it happened, she found herself working in a field that belonged to Boaz, the relative of her father-in-law, Elimelech."

(NLT)

(OVER)

3. **Industry** can help women make life better for themselves and family.

2:4-7

"The LORD bless you!" the harvesters replied. 5) Then Boaz asked his foreman, "Who is that young woman over there? Who does she belong to?" 6) And the foreman replied, "She is the young woman from Moab who came back with Naomi. 7) She asked me this morning if she could gather grain behind the harvesters. She has been hard at work ever since, except for a few minutes' rest in the shelter."

(NLT)

4. **Interdependence** can help women make life better for themselves and family.

3:1-6

"One day Naomi said to Ruth, "My daughter, it's time that I found a permanent home for you, so that you will be provided for. 2) Boaz is a close relative of ours, and he's been very kind by letting you gather grain with his young women. Tonight he will be winnowing barley at the threshing floor. 3) Now do as I tell you—take a bath and put on perfume and dress in your nicest clothes. Then go to the threshing floor, but don't let Boaz see you until he has finished eating and drinking. 4) Be sure to notice where he lies down; then go and uncover his feet and lie down there. He will tell you what to do." 5) "I will do everything you say," Ruth replied. 6) So she went down to the threshing floor that night and followed the instructions of her mother-in-law."

(NLT)

5. **Integrity** can help women make life better for themselves and family.

3:11

"Now don't worry about a thing, my daughter. I will do what is necessary, for everyone in town knows you are a virtuous woman."

(NLT)

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