

**Berean Christian Church**  
**Dr. Kerwin B. Lee, Senior Pastor**

**Bible Study**

February 8, 2022

**“God Said,” “That’s the Kind of Fast I Love to See”**

**Isaiah 58:6-14**

Matthew 3:16, 17 read, “As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. 17) And a voice from heaven said, “This is my Son, whom I love; with him I am well pleased.” (NIV) These verses record complementary words God had to say about Jesus. The chief goal of every believer should be to live a life that satisfies the Lord. The Bible has much to say about what Christians can do that meets the approval of the Master. This lesson is designed to share the type of fast God loves to see.

**Breakdown of Isaiah Chapter 58**

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|-----------------------------------|---------------------|
| 1. The _____ against God’s People | <b>Verses 1-5</b>   |
| 2. The _____ to God’s People      | <b>Verses 6-10</b>  |
| 3. The _____ for God’s People     | <b>Verses 11-14</b> |

1. God loves to see a fast that addresses the subject of \_\_\_\_\_.  
**Verse 6**  
*“No, this is the kind of fasting I want: Free those who are wrongly imprisoned; lighten the burden of those who work for you. Let the oppressed go free, and remove the chains that bind people.” (NLT)*
  
2. God loves to see a fast that addresses the subject of \_\_\_\_\_.  
**Verse 6**  
*“No, this is the kind of fasting I want: Free those who are wrongly imprisoned; **lighten the burden of those who work for you. Let the oppressed go free, and remove the chains that bind people.**” (NLT)*
  
3. God loves to see a fast that addresses the subject of \_\_\_\_\_.  
**Verse 7**  
*“**Share your food with the hungry, and give shelter to the homeless. Give clothes to those who need them, and do not hide from relatives who need your help.**” (NLT)*

(Over)

