

Berean Christian Church
Dr. Kerwin B. Lee, Senior Pastor

Vacation Bible School
Victory to Excel

Day 2

Dr. Rodney Mason, Instructor

I. Purpose for Engaging in Spiritual Disciplines

Listed below are reasons for engaging in spiritual disciplines.

1. _____ godliness is a reason to engage in spiritual disciplines.
I Timothy 4:8
“Exercise daily in God—no spiritual flabbiness, please! Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever.” (MSG)
2. _____ the actions of Jesus is a reason to engage in spiritual disciplines.
Luke 5:16
“But Jesus often withdrew to lonely places and prayed.” (NIV)
3. _____ from the Lord is a reason to engage in spiritual disciplines.
Isaiah 6:8, 9
“Then I heard the voice of the Lord saying, “Whom shall I send? And who will go for us?” And I said, “Here am I. Send me!” 9) He said, “Go and tell this people.” (NIV)
4. _____ more about yourself is a reason to engage in spiritual disciplines.
Lamentations 3:40
“Let’s take a good look at the way we’re living and reorder our lives under GOD. Let’s lift our hearts and hands at one and the same time, praying to God in heaven: “We’ve been contrary and willful, and you haven’t forgiven.” (MSG)
5. _____ for battle is a reason to engage in spiritual disciplines.
Ephesians 6:11
“Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil.” (NLT)

II. The Particulars about Engaging in Spiritual Disciplines

Listed below are steps for engaging in spiritual disciplines.

1. _____ - Praying to God for guidance.
2. _____ - Choosing a method to utilize.
3. _____ - Selecting an uninterrupted place.
4. _____ - Focus on desired discipline.
5. _____ - Deciding how the meaning will shape your life.

III. The Practice of Engaging in Spiritual Disciplines

Listed below are various spiritual disciplines.

1. _____ is a spiritual disciplines believers can use to excel in life.
Joshua 1:8
“Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.” (NIV)
2. _____ is a spiritual disciplines believers can use to excel in life.
I Kings 19:12, 13
“And after the earthquake a fire; but the LORD was not in the fire: and after the fire a still small voice. 13) And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, and stood in the entering in of the cave. And, behold, there came a voice unto him, and said, What doest thou here, Elijah?” (KJV)
3. _____ is a spiritual disciplines believers can use to excel in life.
Jeremiah 30:2
“This is what the LORD, the God of Israel, says: ‘Write in a book all the words I have spoken to you.’” (NIV)
4. _____ is a spiritual disciplines believers can use to excel in life.
Daniel 5:5
“Suddenly the fingers of a human hand appeared and wrote on the plaster of the wall, near the lampstand in the royal palace. The king watched the hand as it wrote.” (NIV)

