

Berean Christian Church Henry
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June 20, 2021

Pastor Philip L. Nash, Preaching

Text

I Samuel 30:1-10

Title

“The Importance of Being Fit as a Father”

Breakdown of I Samuel Chapter 30

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| 1. | The _____ for the Fathers | Verses 1-5 |
| 2. | The _____ of the Fathers | Verses 6-10 |
| 3. | The _____ by the Fathers | Verses 11-31 |

1. Maintaining your fitness as a father can help you not to _____ on your family.

Verses 9, 10

“So David and his 600 men set out, and they came to the brook Besor. 10) But 200 of the men were too exhausted to cross the brook, so David continued the pursuit with 400 men.” (NLT)

2. Maintaining your fitness as a father can help you in a _____ for your family.

Verses 16, 17

“So he led David to them, and they found the Amalekites spread out across the fields, eating and drinking and dancing with joy because of the vast amount of plunder they had taken from the Philistines and the land of Judah. 17) David and his men rushed in among them and slaughtered them throughout that night and the entire next day until evening. None of the Amalekites escaped except 400 young men who fled on camels.” (NLT)

(Over)

