

**Berean Christian Church**  
**Dr. Kerwin B. Lee, Senior Pastor**

**Bible Study**

June 1, 2021

**“Don’t Let People Keep You Down”**

**Nehemiah 4:15-23**

Proverbs 24:16 reads, *“Even though good people may be bothered by trouble seven times, they are never defeated, but the wicked are overwhelmed by trouble.”* (NCV) This verse records the value of being a godly person. All people, saved or unsaved, will experience their share of conflict in their interpersonal dealings with people. However, the key is not to allow those adverse situations to hinder your progress in life. This lesson is designed to share how believers can prevent people from keeping them down.

**Breakdown of Nehemiah Chapter 4**

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|--------------|----------------------|-----------------------|
| 1. The _____ | towards God’s People | <b>Verses 1-8, 11</b> |
| 2. The _____ | by God’s People      | <b>Verses 9, 10</b>   |
| 3. The _____ | among God’s People   | <b>Verses 12-23</b>   |

1. Your \_\_\_\_\_ can prevent people from keeping you down.  
**Verse 4**  
*“Then I prayed, “Hear us, our God, for we are being mocked. May their scoffing fall back on their own heads, and may they themselves become captives in a foreign land!”* (NLT)
  
2. Your \_\_\_\_\_ can prevent people from keeping you down.  
**Verse 6**  
*“At last the wall was completed to half its height around the entire city, for the people had worked with enthusiasm.”* (NLT)
  
3. Your \_\_\_\_\_ can prevent people from keeping you down.  
**Verse 9**  
*“But we prayed to our God and guarded the city day and night to protect ourselves.”* (NLT)

(Over)

