

Berean Christian Church
Dr. Kerwin B. Lee, Senior Pastor

Bible Study

October 20, 2020

We Shall Overcome

I Samuel 1:10-18

I John 4:4 reads, "Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world." (KJV) This verse records the victory that believers can have over their circumstances because of their relationship with the Lord. Life is full of ups and downs, highs and lows, good times and bad times. Many people struggle with handling the valley experiences. This lesson is designed to share how spiritual disciplines can help you overcome life's challenges.

Breakdown of I Samuel Chapter One

- | | |
|--|---------------------|
| 1. The Challenges _____ of Hannah | Verses 1-8 |
| 2. The Choices _____ by Hannah | Verses 9-19 |
| 3. The Changes _____ for Hannah | Verses 20-28 |

1. Spiritual disciplines can help you overcome **Marital** _____ challenges.

Verses 1, 2

"There was a man named Elkanah who lived in Ramah in the region of Zuph in the hill country of Ephraim. He was the son of Jeroham, son of Elihu, son of Tohu, son of Zuph, of Ephraim. 2) Elkanah had two wives, Hannah and Peninnah. Peninnah had children, but Hannah did not." (NLT)

2. Spiritual disciplines can help you overcome **Physical** _____ challenges.

Verses 5, 6

"And though he loved Hannah, he would give her only one choice portion^[b] because the Lord had given her no children.6) So Peninnah would taunt Hannah and make fun of her because the Lord had kept her from having children." (NLT)

(Over)

