

Berean Christian Church
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Bible Study

September 15, 2020

There Is Strength For Your Stress

Psalm 27:1-5

Philippians 4:6 reads, “Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.” (NLT) This verse records practices that can help believers live a life of peace. There are many pressures, problems and predicaments that seek to rob individuals of their daily serenity. The best way to remain calm throughout life is to establish a personal and growing relationship with God through Jesus Christ. This lesson is designed to share what the Lord’s strength can help you to overcome.

Breakdown of Psalm Chapter 27

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| 1. David’s <u>Praise</u> | Verses 1-3 |
| 2. David’s <u>Prayer</u> | Verses 4-13 |
| 3. David’s <u>Pronouncement</u> | Verse 14 |

1. The Lord’s strength can help you overcome Anxieties in your life.
Verse 1
“The LORD is my light and my salvation; whom shall I fear? The is the strength of my life; of whom shall I be afraid?” (NKJV)

2. The Lord’s strength can help you overcome Enemies in your life.
Verse 2
“When the wicked came against me to eat up my flesh, my enemies and foes, they stumbled and fell.” (NKJV)

3. The Lord’s strength can help you overcome Armies in your life.
Verse 3
“Though an army may encamp against me, my heart shall not fear; though war may rise against me, in this I will be confident.” (NKJV)

4. The Lord’s strength can help you overcome Adversities in your life.
(Over)

