

**Birmingham Bible Church  
Dr. James H. Mason, III, Senior Pastor  
Marriage & Singles Virtual Retreat 2020**

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**I. The Falsities about being Single and Married**

Listed below are some common misconceptions about individuals who are single and married.

**Single Myths**

1. Single people **Desire**\_\_\_\_\_ to get married.
2. Single people are more **Lonely**\_\_\_\_\_ than those who are married.
3. Single people think the **Older**\_\_\_\_\_ they get the less likely they will find someone to marry.
4. Single people are **Sexually**\_\_\_\_\_ frustrated.
5. Single people believe that finding the right person will **Solve**\_\_\_\_\_ all their problems.

**Marital Myths**

1. Marriage will solve **All**\_\_\_\_\_ your problems.
2. Marriage will **Complete**\_\_\_\_\_ you.
3. Marriage will **End**\_\_\_\_\_ your loneliness.
4. Marriage is for **Everyone**\_\_\_\_\_.
5. Marriage will **Make**\_\_\_\_\_ you happy.

**II. The Realities about being Single and Married**

Listed below are factual statements regarding individuals being single and married.

**Single Truths**

1. **Answering**\_\_\_\_\_ questions about who you are dating or why you are not married gets old.

2. **Being** \_\_\_\_\_ single can be scary at times.
3. **Having** \_\_\_\_\_ to travel without a romantic companion may be frustrating.
4. **Living** \_\_\_\_\_ on a single Income can be difficult.
5. **Making** \_\_\_\_\_ choices and other major life decisions independent of a spouse can be liberating.

### Marital Truths

1. **Maintaining** \_\_\_\_\_ a great marriage takes attention, commitment and work.
2. **Making** \_\_\_\_\_ your spouse your everything can be unhealthy.
3. **Prioritizing** \_\_\_\_\_ time alone is necessary for married couples.
4. **Resolving** \_\_\_\_\_ conflict is a part of every marriage.
5. **Sharing** \_\_\_\_\_ the same Christian beliefs will not prevent a divorce.

### III. **The Positivities about being Single and Married**

Listed below is biblical insight regarding being single and married.

### Single Statements

1. Living in accordance with your **Gift** \_\_\_\_\_ from God is a benefit of being single.  
**Corinthians 7:7**  
*"But I wish everyone were single, just as I am. Yet each person has a special gift from God, of one kind or another."* (NLT)
2. Exemplifying a life of **Self Control** \_\_\_\_\_ is a benefit of being single.  
**I Corinthians 7:8, 9**  
*"So I say to those who aren't married and to widows—it's better to stay unmarried, just as I am. 9) But if they can't control themselves, they should go ahead and marry. It's better to marry than to burn with lust."* (NLT)
3. Avoiding certain **Troubles** \_\_\_\_\_ in life is a benefit of being single.  
**I Corinthians 7:28**  
*"But if you do get married, it is not a sin. And if a young woman gets married, it is not a sin. However, those who get married at this time will have troubles, and I am trying to spare you those problems."* (NLT)
4. Serving the Lord with fewer **Distractions** \_\_\_\_\_ is a benefit of being single.

## **I Corinthians 7:32**

*"I want you to be free from the concerns of this life. An unmarried man can spend his time doing the Lord's work and thinking how to please him." (NLT)*

5. Following in the **Footsteps** \_\_\_\_\_ of Jesus is a benefit of being single.

## **I Peter 2:21**

*"This is what you were chosen to do. Christ gave you an example to follow..." (ERV)*

## **Marital Statements**

1. Securing a **Help Mate** \_\_\_\_\_ is a benefit of being married.

### **Genesis 2:18, 21, 22**

*"Then the Lord God said, 'It is not good for the man to be alone. I will make a helper who is just right for him.' 21) So the Lord God caused the man to fall into a deep sleep. While the man slept, the Lord God took out one of the man's ribs and closed up the opening. 22) Then the Lord God made a woman from the rib, and he brought her to the man." (NLT)*

2. Modeling Christ-like **Love** \_\_\_\_\_ is a benefit of being married.

### **Ephesians 5:25**

*"Husbands, go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting." (MSG)*

3. Reverencing your spouse **Genuinely** \_\_\_\_\_ is a benefit of being married.

### **Ephesians 5:33**

*"However, each man among you [without exception] is to love his wife as his very own self [with behavior worthy of respect and esteem, always seeking the best for her with an attitude of lovingkindness], and the wife [must see to it] that she respects and delights in her husband [that she notices him and prefers him and treats him with loving concern, treasuring him, honoring him, and holding him dear]." (AMP)*

4. Having someone responsible to fulfill your **Sexual** \_\_\_\_\_ needs is a benefit of being married.

### **I Corinthians 7:3**

*"The husband should fulfill his wife's sexual needs, and the wife should fulfill her husband's needs." (NLT)*

5. Knowing a person is designated to **Please** \_\_\_\_\_ you is a benefit of being married.

### **I Corinthians 7:33, 34**

*"But a married man has to think about his earthly responsibilities and how to please his wife. 34) His interests are divided. In the same way, a woman who is*

*no longer married or has never been married can be devoted to the Lord and holy in body and in spirit. But a married woman has to think about her earthly responsibilities and how to please her husband.” (NLT)*