

**Berean Christian Church
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Bible Study

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Healthy Ways to Keep from Seeking Revenge

I Samuel 1:10-28

Romans 12:19 reads, *“My friends, do not try to punish others when they wrong you, but wait for God to punish them with his anger. It is written: ‘I will punish those who do wrong; I will repay them,’ says the Lord.”* (NCV). This verse reveals the Lord's assurance to individuals who have been offended. Every believer should strive to allow Almighty God to fight their battles. There are many people in the Bible who yielded to the Master instead of seeking revenge. This lesson is designed to share healthy ways to keep from seeking revenge from an episode in the life of Hannah.

Breakdown of I Samuel Chapter One

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|-------------------|---------------------|
| 1. Hannah's _____ | Verses 1-8 |
| 2. Hannah's _____ | Verses 9-22 |
| 3. Hannah's _____ | Verses 23-28 |

1. Your _____ can keep you from seeking revenge.

Verses 9, 10

“Once after a sacrificial meal at Shiloh, Hannah got up and went to pray. Eli the priest was sitting at his customary place beside the entrance of the Tabernacle. 10) Hannah was in deep anguish, crying bitterly as she prayed to the Lord.” (NLT)

2. Your _____ can keep you from seeking revenge.

Verse 11

“And she made this vow: ‘O Lord of Heaven’s Armies, if you will look upon my sorrow and answer my prayer and give me a son, then I will give him back to you. He will be yours for his entire lifetime, and as a sign that he has been dedicated to the Lord, his hair will never be cut.’ (NLT)

3. Your _____ can keep you from seeking revenge.

Verse 18

“Oh, thank you, sir!” she exclaimed. Then she went back and began to eat again, and she was no longer sad.” (NLT)

(Over)

